

Panadol Cold & Flu Day

PRODUCT INFORMATION

DESCRIPTION

Each caplet contains: Paracetamol 500mg
Caffeine 25mg
Phenylephrine Hydrochloride 5mg

INDICATIONS

Cold & Flu Day is recommended for the relief of the symptoms of nasal and sinus congestion, colds and flus.

DOSAGE AND ADMINISTRATION

Adults and Elderly
2 tablets up to 4 times a day.



Do not take more than 8 tablets in a 24 hour period.

NOT RECOMMENDED FOR CHILDREN

CONTRAINDICATIONS

- Known hypersensitivity to paracetamol, phenylephrine, caffeine or any of the other ingredients.
- Use in children.
- Phenylephrine is contraindicated in severe coronary disease, severe hypertension, cardiovascular disease, hyperthyroidism and in patients who are taking or have taken, within the last two weeks, monoamine oxidase inhibitors.

PRECAUTIONS

Care is advised in the administration of paracetamol to patients with severe renal or severe hepatic impairment. The hazard of overdose is greater in those with non-cirrhotic alcoholic liver disease.

Caution should be exercised by patients taking beta-adrenergic blocking agents.

Do not take with other paracetamol containing products.

Contains Sunset Yellow E110

USE IN PREGNANCY AND LACTATION

Epidemiological studies in human pregnancy have shown no ill effects due to paracetamol used in the recommended dosage, but patients should follow the advice of their doctor regarding its use. Paracetamol is excreted in breast milk but not in a clinically significant amount. Available published data on paracetamol do not contraindicate breast feeding. Phenylephrine should not be used during pregnancy since it may cause foetal hypoxia at high doses. Consequently the product should not be used during pregnancy unless considered essential by the physician.

SIDE EFFECTS

Adverse effects of paracetamol are rare but hypersensitivity including skin rash may occur.

Phenylephrine may produce tachycardia, palpitations, nausea, headache and changes in blood pressure.

DRUG INTERACTION

The speed of absorption of paracetamol may be increased by metoclopramide and domperidone and reduced by cholestyramine, however, these interactions are not considered to be clinically significant in over-the-counter paracetamol-containing products which are intended for short term usage. The anticoagulant effect of warfarin and other coumarins may be enhanced by prolonged regular daily use of paracetamol with increased risk of bleeding; occasional doses have no significant effect. Monoamine oxidase inhibitors can exacerbate the systematic effects of phenylephrine. Phenylephrine may interfere with the action of hypertensive agents.

OVERDOSAGE

Immediate medical attention (in-hospital, if possible) is required in the event of overdose, even if there are no significant early symptoms.

PHARMACEUTICAL STORAGE

Do not store above 25°C. Store in the original container.

Package: 8 x 3 tablets.

THIS IS A MEDICINE

- Medicines are products that affect your health, and failure to follow the instructions may be dangerous for you
- Follow your doctors advice carefully, the method of use, and the instructions of the pharmacist who sold you the medicine
- Your doctor and pharmacist are expert in the use of medicines and their benefits and risks
- Do not stop your course of treatment early unless advised to do so by your doctor or pharmacist
- Do not repeat your prescription without consulting your doctor

KEEP MEDICINES OUT OF REACH OF CHILDREN

Council of Arab Health Ministers
Union of Arab Pharmacists

Manufacturer

 GlaxoSmithKline
GlaxoSmithKline, Dungarvan Ltd., Ireland.